

State Telemental Health Information  
A Snapshot as of 04/23/20

<b><u>State</u></b>	<b><u>Website</u></b>	<b><u>Jurisdiction</u></b>
Alabama	<a href="http://abec.alabama.gov/COVID19Updates.aspx">http://abec.alabama.gov/COVID19Updates.aspx</a>	Licensees may work with clients who are out of the state with that state's permission.
Alaska	<a href="https://www.commerce.alaska.gov/web/cbpl/ProfessionalLicensing/ProfessionalCounselors/DistanceCounseling.aspx">https://www.commerce.alaska.gov/web/cbpl/ProfessionalLicensing/ProfessionalCounselors/DistanceCounseling.aspx</a>	"...if you have a patient in a state you should be licensed in that state."
Arizona	<a href="https://www.azbbhe.us/node/847">https://www.azbbhe.us/node/847</a>	Exception to licensure jurisdiction: does not apply to a person who is not a resident of this state and providing behavioral health for 90 days or less in accordance to the state where they are licensed.
Arkansas	<a href="https://abec.statesolutions.us/">https://abec.statesolutions.us/</a>	Telemental health occurs where the client is located, and the counselor must have an Arkansas license plus the Technology-Assisted Counseling Specialization License.
California	<a href="https://www.bbs.ca.gov/">https://www.bbs.ca.gov/</a>	Professional Clinical Counselors, Associates, and unregistered interns may provide telemental health to clients located in California.
Colorado	<a href="https://dpo.colorado.gov/ProfessionalCounselor">https://dpo.colorado.gov/ProfessionalCounselor</a>	Telemental health occurs where the client is located.
Connecticut	<a href="https://portal.ct.gov/DPH/Practitioner-Licensing--Investigations/Professional-Counselor/Professional-Counselor-Licensing">https://portal.ct.gov/DPH/Practitioner-Licensing--Investigations/Professional-Counselor/Professional-Counselor-Licensing</a>	Professional counselors may deliver ethical and compliant telemental health.
Delaware	<a href="https://dpr.delaware.gov/boards/profcounselors/">https://dpr.delaware.gov/boards/profcounselors/</a>	Telemental health occurs where the client is domiciled, and counselors licensed in Delaware may provide telemental health counseling.
Florida	<a href="https://floridasmentalhealthprofessions.gov/latest-news/mental-health-by-telehealth/">https://floridasmentalhealthprofessions.gov/latest-news/mental-health-by-telehealth/</a>	Telemental health occurs where the client lives, and "Individuals who are fully licensed in Florida can provide telehealth services to patients located in Florida." Counselors licensed in a different state can complete telehealth provider registration.
Georgia	<a href="https://sos.ga.gov/index.php/licensing/plb/43">https://sos.ga.gov/index.php/licensing/plb/43</a>	Telemental health occurs where the client lives, and fully and provisionally-licensed counselors in Georgia with 6 hours of training may provide telemental health counseling.
Hawaii	<a href="https://cca.hawaii.gov/pvl/programs/mental/">https://cca.hawaii.gov/pvl/programs/mental/</a>	

Idaho	<a href="https://ibol.idaho.gov/IBOL/BoardPage.aspx?Bureau=COU">https://ibol.idaho.gov/IBOL/BoardPage.aspx?Bureau=COU</a>	"Treatment recommendations provided through telehealth services shall be held to the applicable Idaho community standard of care that applies in an in-person setting."
Illinois	<a href="https://www.idfpr.com/profs/ProfCounselor.asp">https://www.idfpr.com/profs/ProfCounselor.asp</a>	
Indiana	<a href="https://www.in.gov/pla/social.htm">https://www.in.gov/pla/social.htm</a>	
Iowa	<a href="https://idph.iowa.gov/License/Iowa-Board-of-Behavioral-Science">https://idph.iowa.gov/License/Iowa-Board-of-Behavioral-Science</a>	
Kansas	<a href="https://ksbsrb.ks.gov/covid-19-information">https://ksbsrb.ks.gov/covid-19-information</a>	
Kentucky	<a href="http://lpc.ky.gov/Pages/regulations.aspx">http://lpc.ky.gov/Pages/regulations.aspx</a>	"A licensee using distance counseling... [shall]...Be licensed to practice counseling where the client is domiciled"
Louisiana	<a href="https://www.lpcboard.org/rules#505">https://www.lpcboard.org/rules#505</a>	"Teletherapy references the provision of counseling and psychotherapy services from a distance which is consistent with the same standards of practice as in-person counseling settings." Counseling takes place where the client is located.
Maine	<a href="https://www.maine.gov/pfr/professionallicensing/professionals/counselors/index.html">https://www.maine.gov/pfr/professionallicensing/professionals/counselors/index.html</a>	
Maryland	<a href="https://health.maryland.gov/bopc/Pages/index.aspx">https://health.maryland.gov/bopc/Pages/index.aspx</a>	Counselors licensed in Maryland may provide counseling services if located in Maryland and/or the client is located in Maryland.
Massachusetts	<a href="https://www.mass.gov/policy-advisory/board-policies-and-guidelines-allied-mental-health#policy-on-distance-online-and-other-electronic-assisted-counseling-policy-no-07-03">https://www.mass.gov/policy-advisory/board-policies-and-guidelines-allied-mental-health#policy-on-distance-online-and-other-electronic-assisted-counseling-policy-no-07-03</a>	"Distance delivery of counseling and therapy is considered to occur in two locations: where the client is located and where the clinician is located."
Michigan	<a href="https://www.michigan.gov/lara/0,4601,7-154-72600_72603_27529_27536--,00.html">https://www.michigan.gov/lara/0,4601,7-154-72600_72603_27529_27536--,00.html</a>	
Minnesota	<a href="https://mn.gov/boards/behavioral-health/lpc-and-lpcc/">https://mn.gov/boards/behavioral-health/lpc-and-lpcc/</a>	

Mississippi	<a href="https://www.lpc.ms.gov/secure/pdf/Part%20202201%20Rules%20and%20Regulations%20Revised%2002.14.2018.pdf">https://www.lpc.ms.gov/secure/pdf/Part%20202201%20Rules%20and%20Regulations%20Revised%2002.14.2018.pdf</a>	Any person that provides counseling or supervision services through the means of "Distance Professional Services must hold a license in good standing in both the location where services are provided by the professional as well as in the location of the recipient of the services and must also hold the Distance Credentialed Counselor credential..."
Missouri	<a href="https://pr.mo.gov/counselors.asp">https://pr.mo.gov/counselors.asp</a>	
Montana	<a href="http://boards.bsd.dli.mt.gov/bh#1?1">http://boards.bsd.dli.mt.gov/bh#1?1</a>	Requires a license to practice in the state of Montana.
Nebraska	<a href="http://dhhs.ne.gov/licensure/Pages/Mental-Health-and-Social-Work-Practice.aspx">http://dhhs.ne.gov/licensure/Pages/Mental-Health-and-Social-Work-Practice.aspx</a>	
Nevada	<a href="http://marriage.nv.gov/">http://marriage.nv.gov/</a>	
New Hampshire	<a href="https://www.oplc.nh.gov/mental-health/">https://www.oplc.nh.gov/mental-health/</a>	If you are located in New Hampshire and are providing mental health services to a consumer located in another jurisdiction, you are considered to be practicing in New Hampshire and need to be licensed in this State. If you are located in another state and are providing mental health services to a consumer located in New Hampshire, you are considered to be practicing in New Hampshire and need to be licensed in this State.
New Jersey	<a href="https://www.njconsumeraffairs.gov/pc/Pages/default.aspx">https://www.njconsumeraffairs.gov/pc/Pages/default.aspx</a>	
New Mexico	<a href="http://www.rld.state.nm.us/boards/Counseling_and_Therapy_Practice_Requirements_and_Continuing_Education.aspx">http://www.rld.state.nm.us/boards/Counseling_and_Therapy_Practice_Requirements_and_Continuing_Education.aspx</a>	"You must have an active license to practice in the State of New Mexico." Client must be in New Mexico.
New York	<a href="http://www.op.nysed.gov/prof/psych/psychtelepracticealert.htm">http://www.op.nysed.gov/prof/psych/psychtelepracticealert.htm</a>	"...a practitioner must hold a New York license, or be otherwise authorized to practice, when providing professional services to a patient located in New York or when the practitioner is located in New York."
North Carolina	<a href="https://www.ncblpc.org/LawsAndCodes">https://www.ncblpc.org/LawsAndCodes</a>	"...the practice of counseling occurs both where the counselor who is providing counseling services is located and where the individuals (clients) who are receiving services are located."

North Dakota	<a href="http://www.ndbce.org/distance.shtml">http://www.ndbce.org/distance.shtml</a>	"counselors involved in distance counseling [should] be aware of the laws and requirements of the state where the client resides, which may require licensure in that state."
Ohio	<a href="https://cswmft.ohio.gov/Counselors">https://cswmft.ohio.gov/Counselors</a>	"All practitioners providing counseling, social work or marriage and family therapy via electronic service delivery to persons physically present in Ohio shall be licensed in Ohio."
Oklahoma	<a href="https://www.ok.gov/behavioralhealth/">https://www.ok.gov/behavioralhealth/</a>	
Oregon	<a href="https://www.oregon.gov/oblpc/Pages/index.aspx">https://www.oregon.gov/oblpc/Pages/index.aspx</a>	
Pennsylvania	<a href="https://www.dos.pa.gov/ProfessionalLicensing/BoardsCommissions/SocialWorkersMarriageandFamilyTherapistsandProfessionalCounselors/Pages/default.aspx">https://www.dos.pa.gov/ProfessionalLicensing/BoardsCommissions/SocialWorkersMarriageandFamilyTherapistsandProfessionalCounselors/Pages/default.aspx</a>	
Rhode Island	<a href="http://www.health.ri.gov/licenses/detail.php?id=228">http://www.health.ri.gov/licenses/detail.php?id=228</a>	
South Carolina	<a href="https://llr.sc.gov/cou/laws.aspx">https://llr.sc.gov/cou/laws.aspx</a>	Counseling occurs where the client is located.
South Dakota	<a href="https://dss.sd.gov/licensingboards/counselors/counselors.aspx">https://dss.sd.gov/licensingboards/counselors/counselors.aspx</a>	Counseling occurs where both the counselor and client is located.
Tennessee	<a href="https://www.tn.gov/health/health-program-areas/health-professional-boards/pcmft-board.html">https://www.tn.gov/health/health-program-areas/health-professional-boards/pcmft-board.html</a>	
Texas	<a href="https://www.dshs.texas.gov/counselor/lpc_ethics.shtml">https://www.dshs.texas.gov/counselor/lpc_ethics.shtml</a>	"Technological means of communication may be used to facilitate the therapeutic counseling process."
Utah	<a href="https://dopl.utah.gov/cmhc/">https://dopl.utah.gov/cmhc/</a>	
Vermont	<a href="https://www.sec.state.vt.us/professional-regulation/list-of-professions/allied-mental-health.aspx">https://www.sec.state.vt.us/professional-regulation/list-of-professions/allied-mental-health.aspx</a>	
Virginia	<a href="https://www.dhp.virginia.gov/counseling/">https://www.dhp.virginia.gov/counseling/</a>	Counseling occurs where the client is located.
Washington	<a href="https://www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewReneworUpdate/MentalHealthCounselor/LicenseRequirements">https://www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewReneworUpdate/MentalHealthCounselor/LicenseRequirements</a>	

West Virginia	<a href="http://www.wvbec.org/distancecounseling.html">http://www.wvbec.org/distancecounseling.html</a>	"All persons providing counseling or marriage and family therapy via technology-assisted delivery to persons (clients) physically present in the State of West Virginia shall be licensed in West Virginia."
Wisconsin	<a href="https://dps.wi.gov/Pages/BoardsCouncils/MPSW/Default.aspx">https://dps.wi.gov/Pages/BoardsCouncils/MPSW/Default.aspx</a>	
Wyoming	<a href="http://mentalhealth.wyo.gov/">http://mentalhealth.wyo.gov/</a>	Exempted individuals include "Nonresidents who are licensed or certified by another state regulatory board, who do not provide services in this state for more than thirty (30) days during any calendar year."

Note: This table is for reference as a starting point to conduct thorough research about telemental health laws and regulations in your state and/or the state where your client is located.