



## Competencies & Exemplary Practices

ACA has adopted the following documents that identify exemplary practices in the counseling profession aligned to an area of practice. Though not representative of mandatory requirements per the ACA Code of Ethics, competencies and exemplary practices present high-quality skills, knowledge, and behavior that can be implemented to address issues in the relevant areas.



- [ACA Advocacy Competencies, May 2020](#)
- [ALGBTIC Competencies for Counseling LGBTQIA Individuals, June 2012](#)
- [ALGBTIC Competencies for Counseling Transgender Clients, September 2009](#)
- [Animal Assisted Therapy Competencies, June 2016](#)
- [ARCA Disability-Related Counseling Competencies, Updated March 27, 2019](#)
- [Best Practices for Counseling First Responder Populations, October 2021](#)
- [Competencies for Addressing Spiritual and Religious Issues in Counseling, May 2009](#)
- [Competencies for Counseling the Multiracial Population, March 2015](#)
- [Exemplary Practices for Military Populations, November 2020](#)
- [Multicultural and Social Justice Counseling Competencies,\\* July 2015](#)
- [Multicultural Career Counseling Competencies, August 2009](#)

\* for more information, updates, and resources on the Multicultural and Social Justice Counseling Competencies (MSJCC), please visit AMCD's [MSJCC webpage](#).